



Celebrating the Jubilee Locally

JUBILEE OF THE SICK AND HEALTH CARE WORKERS (APRIL 5-6, 2025)

The Jubilee Year is a sacred time in the Church, inviting the faithful to experience God's mercy through pilgrimages, Mass celebrations, and acts of reconciliation. The 2025 Jubilee Year follows the theme "Pilgrims of Hope", encouraging Catholics to embrace and share God's mercy through service, peace, and compassion.

Pope Francis highlights the importance of caring for the sick and honouring healthcare workers, recognizing their vital role in upholding human dignity. The Jubilee of the Sick and Health Care Workers acknowledges their service and reminds us of our shared mission to bring hope and healing to others.

The following document suggests Prayers, Actions and Resources for us here in the Archdiocese of Winnipeg to participate in the Jubilee. Feel free to add or revise these suggestions according to your Parish.

As Pilgrims of Hope, may we be instruments of God's mercy, offering love and support to the suffering and finding strength in faith during challenging times.

PRAYERS

Suggested Prayers of the Faithful:

- *For the Church, that we may continue the healing work of Jesus in our own time and reach out with compassion to those who are sick in body, mind, or spirit.*
- *For all those who are sick, awaiting tests or test results, and in need of healing, that they may have access to quality health care, regardless of their race or economic status.*
- *For all medical professionals, caregivers, EMTs, chaplains, and all who work in health care, that they may carry out their life-saving work with wisdom and compassion.*
- *For those recovering from and those struggling with addiction, that they may feel the healing presence of God.*
- *For all of us, that we may be instruments of peace, hope, and healing in our homes, our workplaces, and our communities.*

Prayer for All the Sick

Jesus, our Lord, we ask you to have mercy on all who are sick. Give them your strength and love and help them to carry this cross with faith. May their sufferings be one with yours, overcome the power of evil, and lead others to our Father in heaven. Lord Jesus, hear our prayer, for you are Lord forever and ever. Amen.

Prayer for Health Care Workers

Heavenly Father,

Your beloved Son, Jesus Christ, went about doing good and healing all who were sick and suffering. We humbly ask You to continue His gracious work among us, especially in [Insert Name]. Grant wisdom, skill, compassion, and patience to physicians, nurses, and all healthcare professionals as they care for the sick. Protect them from harm and danger and strengthen them in their mission of healing. May they be instruments of Your love and grace, bringing comfort and restoration to those in need. Send down Your Holy Spirit to guide and uplift them in their service. We ask this through Jesus Christ, our Lord. Amen.

ACTION

Visit someone in the hospital or at a care home this week.

“I was sick, and you visited me” (Matthew 25:36)

Coordinate with your parish or a local chaplain to visit parishioners in hospitals or care homes. Bring prayer cards, rosaries, or handwritten notes to uplift their spirits. If possible, arrange for a priest or Eucharistic minister to administer the Anointing of the Sick or Holy Communion.

Prayer: Heavenly Father, bless those who are sick and in need of comfort. May they feel Your presence through the kindness of those who visit them. Amen.

Saint’s Intercession: St. Raphael the Archangel, patron of healing, pray for all those who are ill and in need of God’s comfort and strength.

Call someone who is sick at home.

“Encourage the disheartened, help the weak, be patient with everyone.” (1 Thessalonians 5:14)

Take time to check in with someone who is ill, offering words of encouragement and a prayer. Share updates from the church or a favourite Bible passage to help them feel connected. If they are open to it, pray together over the phone.

Prayer: *Lord, bring healing and strength to those who are unwell. May they find peace in Your love and hope in Your promises. Amen.*

Saint’s Intercession: *St. Peregrine, patron saint of those suffering from chronic illness, pray for those battling long-term sickness and give them hope in Christ’s healing power*

Thank a health care worker.

“The Lord bless you and keep you; the Lord make His face shine on you and be gracious to you.”

(Numbers 6:24-25)

Write a personalized note or visit a hospital to thank doctors, nurses, and caregivers for their dedication. Consider sharing their names with the parish for a special prayer intention.

Prayer: Lord, bless all healthcare workers with strength, wisdom, and compassion. May they be guided by Your healing hands as they care for others. Amen.

Saint’s Intercession: St. Camillus de Lellis, patron saint of nurses and healthcare workers, intercede for all those who provide care for the sick. May they be blessed in their mission of healing.

Organize a parish visit to hospitals, nursing homes, or homebound parishioners.

“Carry each other’s burdens, and in this way, you will fulfill the law of Christ.” (Galatians 6:2)

Form a group to visit the sick and elderly. Bring Holy Communion, lead a short prayer service, or simply offer companionship. Arrange for musicians or choirs to bring joy through hymns and worship music.

Prayer: Lord Jesus, You are the Divine Physician. May our visits bring comfort and joy to those who feel lonely or forgotten. Amen.

Saint’s Intercession: St. John of God, patron saint of hospitals, inspire us to serve the sick with love and dedication

Give a blessing at weekend Masses for healthcare workers and caregivers for those who are sick and invite community recognition.

“Do not grow weary in doing good.” (Galatians 6:9)

Include a special petition for healthcare workers in the Prayers of the Faithful. Invite them to stand for a blessing and offer a small token of appreciation, such as a candle or a prayer card.

Blessing Prayer: Loving God, we ask Your blessing upon all who serve the sick and suffering. Strengthen them in body and spirit, and reward their kindness with Your grace. Amen.

Saint's Intercession: St. Luke, patron saint of physicians, pray for all doctors and medical professionals that they may be instruments of God's healing.

Take fruit or other gifts to staff at health care centres or personal care homes.

"Let all that you do be done in love" (1 Corinthians 16:14)

Coordinate with the parish to deliver baskets of fruit, baked goods, or thank-you notes to a local hospital, clinic, or nursing home. Include handwritten messages of appreciation from parishioners.

Prayer: Lord, let these gifts be a small token of our gratitude for the caregivers who dedicate their lives to others. Bless them abundantly. Amen.

Saint's Intercession: St. Martin de Porres, who humbly served the sick and poor, inspires us to show generosity and kindness to those who care for the suffering.

RESOURCES

1. *Catholic Teachings on the Dignity of Human Life and Care for the Sick*
 - a. *“The whole of the Church's social doctrine develops from the principle that affirms the inviolable dignity of the human person.” (Compendium of the Social Doctrine of the Church)*
2. *Guidance on Providing Spiritual Support to the Ill*
 - a. *Ministry of Care: CHAM's Ministry of Care provides resources and pastoral support to equip individuals and parishes to accompany the sick, elderly, and homebound with compassion and dignity. Resources and training materials are available to help caregivers, clergy, and lay ministers support individuals in hospitals, care homes, and private residences. To learn more, visit cham.mb.ca.*
 - b. *Spiritual Care Series: An eight-part training program designed for volunteers, caregivers, and faith leaders to provide pastoral care to seniors and those facing illness. This series covers topics such as spirituality in aging, dementia care, grief and loss, and effective communication. Learn more at cham.mb.ca.*
 - c. *Horizons of Hope: A parish-based palliative care education program developed by the Canadian Conference of Catholic Bishops (CCCCB). It helps individuals and communities navigate suffering, death, and bereavement through a Catholic lens. Find out more <https://www.cccb.ca/faith-moral-issues/suffering-and-end-of-life/horizons-of-hope-a-toolkit-for-catholic-parishes-on-palliative-care/>*
 - d. *Mission: Assistance in Living (MAiL): CHAM's initiative advocating for compassionate, person-centred alternatives to Medical Assistance in Dying (MAiD). This approach prioritizes palliative care, mental health support, and social services to uphold the dignity of life. Read CHAM's position paper at cham.mb.ca.*
3. *Parish Nursing Webinar: Join CHAM's upcoming Parish Nursing Webinar on April 5 at 10 AM via Zoom to learn about the role of faith in holistic health care and the integration of spirituality in healing the sick.*
 - a. *To register: Email admin@cham.mb.ca or Watch Live: Follow CHAM's Facebook page for a live broadcast.*